

2005 Delaware River Sojourn: *Introducing the Delaware River Water Trail*

SUNDAY, JUNE 19, (DAY 1) Kick Off: Meet at Hancock, N.Y. at 11:00 a.m. for registration and lunch. Enjoy an afternoon paddle from Fishs Eddy, N.Y. back to Hancock. (10 miles, smooth water with a few riffles and gravel bars). Dinner and Kick Off Program followed by a campfire and refreshments. Camp at Hancock.

MONDAY, JUNE 20, (DAY 2): Paddle from Hancock to Lordville, N.Y. (10 miles, smooth water with a few riffles). Float down the Upper Delaware Scenic and Recreational River keeping an eye out for bald eagles. See Point Mountain where the East and West Branches join to form the main stem of the Delaware River 330 miles from its mouth at the Atlantic Ocean. At end of the day, drive to the next camp site in the Delaware Water Gap National Recreation Area at Shawnee on the Delaware, Pa. Dinner will be provided.

TUESDAY, JUNE 21, (DAY 3): Paddle in the Delaware Water Gap National Recreation Area from Bushkill to Shawnee. (13 miles of smooth water, with a few riffles. Class 1 rapid below Sambo Island.) Enjoy a highly scenic section of the Delaware where the river winds through a valley rich in wildlife, geologic formations, cultural history—and now a popular resort area where guests once rode steamboats on moonlight cruises. At the end of the day, drive to the next camp site at Point Pleasant, Pa.

WEDNESDAY, JUNE 22 (DAY 4): Paddle from Easton area to Keller's Landing, Upper Black Eddy, Pa. (16 miles, generally smooth water, a few riffles and Class 1 rapids). Marvel at how quickly the city slips away into the natural environment of the Delaware River with its many islands, hillsides and cliffs. Camp a second night at Point Pleasant, Pa. Dinner will be provided followed by a musical program.

THURSDAY, JUNE 23, (DAY 5): Paddle from Keller's Landing to take-out near River Country, Point Pleasant, Pa. (11 miles, generally smooth water, a few riffles and Class 1 rapids). The beautiful scenery continues along with an abundance of wildlife. Drive down river to camp site at Palmyra Cove, N.J.

FRIDAY, JUNE 24, (DAY 6): Visit Ironwood Outdoor Center and paddle on the Rancocas Creek (6 miles, with the tidal flow) in the New Jersey Pinelands. See an entirely different type of river environment on this tributary stream. Learn about the Center's youth and educational programs.

SATURDAY, JUNE 25, (DAY 7): Palmyra Cove Nature Park, N.J. Paddle 5 miles with the tides and explore the Palmyra Cove to see its abundant wildlife in an unusual freshwater tidal marsh. No shuttling required. Sojourn Closing Ceremony and Celebration.

- *Class 1 rapids - relatively easy, Class 2 - moderate.*
- *This itinerary is subject to change due to weather and river conditions. Detailed daily plans will be sent upon registration.*
- *High Water - Should the river flows be too high for safe boating, alternative off-river activities will be offered. Meals and camping will still be provided.*



Sojourn Policies

For your safety and that of your fellow sojourners, the following policies will be in effect

Participants must wear a USCG-approved personal flotation device (PFD) at all times on the river. PFDs come with Sojourn-provided canoes and kayaks.

All participants must attend the daily safety briefing conducted by the National Canoe Safety Patrol before launching. Participants must adhere to the safety guidelines presented.

All participants must sign a liability waiver. Parents must sign for children under 18 years old. The signed waiver should accompany your registration form.

Participants under the age of 18 are the responsibility of, and must be accompanied by, a parent or guardian at all times. Children need to be able to swim and must weigh at least 40 pounds to be properly fitted with a PFD.

Follow the directives of the Safety Patrol and Sojourn Staff in the event of bad weather, high water, hazardous conditions, or an emergency.

Footwear (river shoes, river sandals, surf moccasins or old sneakers) must be worn at all times.

Alcoholic beverages are prohibited on the river.

No glass containers are allowed on the river.

Sorry, no pets allowed.

The Sojourn and Sojourners will exhibit courteous behavior and respect private and public property.

Getting on Board - You may choose to paddle the whole Sojourn with us or you may register for the days of your choice. *Please register early as space is limited.*

Fees - The Sojourn is a non-profit event. Contributions of time, goods and services from our many sponsors and supporters allow us to keep participant costs as low as possible. The daily fee covers lunch and shuttles, as well as program expenses and camping fees. If using a Sojourn-provided canoe, only two participants are allowed per boat, except that non-paddling children under age 12 may ride as a third person in a parent's canoe. See the registration sheet for details or go to www.delawareriversojourn.org.

Boating Equipment - You may use your own river-worthy boat or request Sojourn-provided canoes and kayaks with paddles and life jackets. *Aluminum canoes are not recommended. Helmets are recommended for kayakers paddling in class I+ waters (not provided by Sojourn).*

Shuttles and Gear - Leave your vehicle at the rendezvous each day. Shuttles will transport you and your boat to and from the put-in or take-out. Your camping gear will stay with your vehicle. We paddle rain or shine, so bring rain gear, extra sweaters, hat, sunscreen, eyeglass retainers, sunglasses, and a long sleeve shirt. Wear river shoes, river sandals or old sneakers. Bring waterproof containers for gear.

Meals and Camping - Lunch is provided each day. Additional meals may be provided compliments of Sojourn sponsors. In some cases meals will be on your own. A meal schedule will be provided upon registration. Sorry, we cannot accommodate special diets. Alcoholic beverages are prohibited on the river. Camping is provided at commercial and state campgrounds. All sites have toilets, drinking water, and emergency access. Some sites may not have showers.

Safety First - Organizers of the Sojourn make every effort to provide participants with a safe trip, and we are insured and sanctioned by the American Canoe Association, Inc. All individuals must sign a waiver and follow the instructions of the safety staff. Failure to follow instructions and/or engaging in unsafe activity will result in termination of your trip without refund. *Attendance at morning safety instruction as well as the signed waiver form is mandatory.*